Puppy's first week

Tick each box when it's done. Same times every day.

PupShift
pupshift.sites.tab.bot

Our puppy

Puppy's name and age

Meal times

Vet name & phone

Food and amount (from the vet or label)

7-day checklist

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
Out on waking							
Meals at set times							
Out after each meal							
Out after naps and play							
Short training (name, sit)							
Quiet rest in own spot							
One gentle new thing							
Last trip out before bed							
Night shift (who)							

Potty log

Day	Time	Outside	Accident inside	Right after (woke, ate, played)	Who

This week

- [ ] Vet visit booked
- [ ] Asked the vet about food amounts
- [ ] Asked the vet when it's safe to meet other dogs
- [ ] Night shifts agreed between adults
- [ ] Same words for 'outside', 'good' and 'no'